

Family Catechesis and Home Study (1st – 6th grades)

First Assignment

Blest Are We

- Read pages 10-16; do the prayer exercise on page 16
- Read pages 17-21 on the Bible
- Complete Chapters 1, 2, 3, and 4. Do chapter reviews for each chapter.**
- Read and do “Take Home Page” for each chapter
- Highlight **Faith Words** and be familiar with their definitions
- Highlight **We Believe** and be familiar with this summary of each chapter

Saint of the Week

Read the Saint of the Week located in the “Take Home Pages” in **Blest are We**.

Scripture Study (Grades 1-5)

- Read the Bible Story in each of the first four chapters (grades 1-5)
- do the puzzle pages for each chapter

Grade 3:

****Bible Prayer Service for 3rd Grade will be held at next family session**
For grades 3-8, please bring a bible to class next time class meets. If you do not have a bible, they are available for purchase at \$25.00 (Hardcover). We also will have soft cover bibles available for a reasonable price. Special prayer service on Scripture will be part of our next class in October. Please note: Bible should be a **Catholic** Bible.

Grade 6: Do the Great Bible Expedition in Blest Our We, pages 15-21

Prayer Sheet

-These are the prayers each grade is responsible to know by heart after Christmas

Gathering Prayer (each session) There will be a suggested request to be brought from home for each gathering prayer at the Family Sessions. At our next session, think of a situation or event in which you found joy and was very happy in either the outcome or for those that were present.

Spiritual Life

Spiritual Life at Home (please see the next page regarding projects that your family could do while at home.

***** **Parent Materials** *****

October Calendar please keep for future reference

Next session will be _____ at _____

From the author of “Habits of a Child’s Heart”:

All of us—young or old, can benefit from the strengths and freedoms in deepening our relationship with God. The word “discipline” has the Latin root *disciplina* which means “giving direction to a disciple.” We are all called to a life of discipleship. That means, we are all hoping to be follower of Jesus the best we can.

The Our Lady of the Ridge/ St. Linus RE Community has weathered tough situations these last few months. I would like to introduce to your families some wonderful at home spiritual connections coming from this wonderful book authored by Dr. Marti Watson Garlett. The suggestions are age specific. As your Faith Formation Diirector, I hope to engage you and your family in recognizing the importance of God’s presence in these challenging times. I am looking at a theme of “Prayer for Your Heart” during these next coming months.

This month, we will focus on a Discipline of Prayer. Meditative prayer introduces us to a sense of holiness beyond our scope. We allow the Holy Spirit to move our hearts and souls to a closer connection with God.

Ages 6-8: (other age groups could also participate)

Take a nature walk with your children. Go to a nearby park (or your own backyard) and study the flowers and plants. See how many small creatures you can find. Keep a numerical tally. Ask child(ren) to proceed to walk very quietly with the ears and eyes open, but not their mouths. Then find a place (such as your own house yard) and talk about what was seen, heard. Ask your kids to write a thank you card to God for creating the wonder around them. Maybe they will need assistance on some of the words. Keep the card in a safe place, and reread it once in a while to connect with this experience.

Ages 9-11:

The Book of Proverbs and/or the Book of Psalms has wonderful one line verses. Select a verse from either of these books and encourage the child(ren) to memorize the verse. After memorizing the verse, encourage them to write this verse down in a special place and have them spend time thinking about how the verse relates to their lives today. Discuss how God uses the bible to help shape our thoughts, words, and deeds.

Ages 12-14:

Encourage your teen to read a chapter in the Bible. Have them read it at a slow pace. Keep in mind that God’s Word does have some weird, brutal, and troubling incidents that can baffle adults who have pondered them for years. It is not essential that the reading of the chapter be finished. The purpose of reading is to develop a deeper richness in the content of the bible passage. Encourage this reading to help seek a deeper understanding of what God is saying to them through the Word. For this group, we may open a response in our first class.

Available dates and times for October

Monday, October 11	4:30 to 5:30	Grades 1, 2, 3 or 4
Tuesday, October 12	4:30 to 5:30	Grades 1, 2, 3 or 4
Thursday, October 14	4:30 to 5:30	Grades 1, 2, 3 or 4
Monday, October 18	4:30 to 5:30	Grades 1, 2, 3 or 4
Thursday, October 21	4:30 to 5:30	Grades 1, 2, 3 or 4
Monday, October 25	4:30 to 5:30	Grades 1, 2, 3, or 4
Thursday, October 28	4:30 to 5:30	Grades 1, 2, 3 or 4

Monday, October 11	6:00 to 7:00	Grades 5, 6, or 8
Tuesday, October 12	6:00 to 7:00	Grades 5, 6, or 8
Thursday, October 14	6:00 to 7:00	Grades 5, 6, or 8
Monday, October 18	6:00 to 7:00	Grades 5, 6, or 8
Thursday, October 21	6:00 to 7:00	Grades 5, 6, or 8
Monday, October 25	6:00 to 7:00	Grades 5, 6, or 8
Thursday, October 28	6:00 to 7:00	Grades 5, 6, or 8

Date confirmed _____ Time _____
(please note: 8th grade and 2nd grade will be awarded first choice)

