

# Family Catechesis and Home Study (7<sup>th</sup> grade only)

## First Assignment

### Be My Disciples: Christ in the New Testament

- Do the exercise on pages 7 and 8.
  - Read Chapter 1 pages 9-19. Prepare exercise on page 11 and page 16.
  - Look over review on page 19.
- } Sept. 7-Sept. 14
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- Read Chapter 2 pages 21-29. Prepare exercise on page 23 and page 28.
  - Look over review on page 31.
- } Sept. 15-Sept. 20
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- Read Chapter 3 pages 33-43. Prepare exercise on page 35. Look at the Disciplined Disciples on pages 41 and 42 carefully.
- We will share at our next class.  
Look over review on page 43.
- } Sept. 21-Sept. 26
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- Read Chapter 4 pages 45-55. Prepare exercise on page 47 and 52.
  - Look over review on page 55.
- } Begin at class

### Scripture Study

Take time to study the rosary

### Prayer Sheet

-These are the prayers each grade is responsible to know by heart

Gathering Prayer (each session) we will begin each session with prayer...I will lead the first time

Spiritual Life at Home (please see the next page regarding projects that your family could do while at home.

Next sessions:

**GRADE 7**

Next session will be **Living Rosary AT 6:30 PM ON TUESDAY OCT. 19 (Family)**

From the author of “Habits of a Child’s Heart”:

All of us—young or old, can benefit from the strengths and freedoms in deepening our relationship with God. The word “discipline” has the Latin root *disciplina* which means “giving direction to a disciple.” We are all called to a life of discipleship. That means, we are all hoping to be follower of Jesus the best we can.

The St. Linus RE Community has weathered tough situations these last few months. I would like to introduce to your families some wonderful at home spiritual connections coming from this wonderful book authored by Dr. Marti Watson Garlett. The suggestions are age specific. As your DRE, I hope to engage you and your family in recognizing the importance of God’s presence in these challenging times. I am looking at a theme of “Prayer for Your Heart” during these next coming months.

This month, we will focus on a Discipline of Prayer. Meditative prayer introduces us to a sense of holiness beyond our scope. We allow the Holy Spirit to move our hearts and souls to a closer connection with God.

Ages 6-8: (other age groups could also participate)

Take a nature walk with your children. Go to a nearby park (or your own backyard) and study the flowers and plants. See how many small creatures you can find. Keep a numerical tally. Ask child(ren) to proceed to walk very quietly with the ears and eyes open, but not their mouths. Then find a place (such as your own house yard) and talk about what was seen, heard. Ask your kids to write a thank you card to God for creating the wonder around them. Maybe they will need assistance on some of the words. Keep the card in a safe place, and reread it once in a while to connect with this experience.

Ages 9-11:

The Book of Proverbs and/or the Book of Psalms has wonderful one line verses. Select a verse from either of these books and encourage the child(ren) to memorize the verse. After memorizing the verse, encourage them to write this verse down in a special place and have them spend time thinking about how the verse relates to their lives today. Discuss how God uses the bible to help shape our thoughts, words, and deeds.

Ages 12-14:

Encourage your teen to read a chapter in the Bible. Have them read it at a slow pace. Keep in mind that God’s Word does have some weird, brutal, and troubling incidents that can baffle adults who have pondered them for years. It is not essential that the reading of the chapter be finished. The purpose of reading is to develop a deeper richness in the content of the bible passage. Encourage this reading to help seek a deeper understanding of what God is saying to them through the Word. For this group, we may open a response in our first class.

