

Our Lady of the Ridge-St. Linus Religious Education

Confirmation Name and Saint Report/Poster

Choosing a Confirmation Name

In the early Church, many adult converts received names at their birth that came from pagan religions. One of the signs of their total rejection of their former life and their rebirth into the life of Jesus was to forsake their old name and take a new one. The name was selected for its meaning to the Christian community, such as Fidelia (faithful) or Christopher (Christ-bearer) were chosen. As time went on, people often selected the names of saints of an earlier time, such as Peter, Mary, or Stephen. The choice of name in the early Church was taken seriously. One's name was intended to express the quality of one's character and the ideals a person would strive to develop.

As you prepare for Confirmation, you are asked to select the name by which the bishop will call you. **You are encouraged to choose the name of a saint who has and continues to be an example of how you want to live a Catholic life.**

This is an important decision to consider carefully. Talk it over with your parents and sponsor. Your new name should symbolize your confirmed life in Jesus Christ through receipt of the Holy Spirit, and it should serve as a challenge for you to grow in your faith.

Specifications for the Saint Report and Poster

After choosing your saint's name, you are required to write a report and create a poster about the saint whose name you chose.

The paper should be 1 page in Times New Roman font 12. Include your name at the top of the paper. The paper should include:

- The saint's name, where they lived, and when they lived
- A significant detail about their life
- Why they are important to you
- How you want to imitate them

Sources do not need to be cited, but avoid use of AI, as it is not always accurate.

The poster should include:

- The saint's name
- A picture of the saint
- A fun fact about the saint (This can include what they are the patron saint of)

Text and pictures can be generated digitally or written/drawn.